

# Health Plan Telemedicine/ Telehealth Information

For immediate access to remote health care services, please use the available resources below, which may vary based on your health plan.

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Para obtener acceso inmediato a los servicios de atención médica remota, utilice los recursos disponibles, que pueden variar según su plan de salud.

✓ **Aetna** (Commercial)

- CVS MinuteClinic Online & app - [www.cvs.com/minuteclinic/virtual-care/video-visit](http://www.cvs.com/minuteclinic/virtual-care/video-visit)
- Teledoc Online & app - [www.Teladoc.com/aetna](http://www.Teladoc.com/aetna) or call 1-855-835-2362

✓ **AHMC Health** (Commercial)

- Call Member Services phone number on the back of ID card - 1-626-300-2841

✓ **Alignment** (Medicare) - \$0 copay

- Teledoc Online & app - <https://member.teladoc.com/alignment> or call 1-844-227-6955
- ACCESS On-Demand Concierge team 1-833-242-2223 (TTY: 711)

✓ **Anthem Blue Cross** (Commercial, Medicare & Medi-Cal) - \$0 copay

- LiveHealth Online & app - <https://livehealthonline.com> or call 1-888-548-3432

✓ **Blue Shield** (Commercial & Medicare) – co-pays waived

- Teledoc Online & app - <https://member.teladoc.com/bsc> or call 1-800-835-2362

✓ **Blue Shield Promise** (Medicare & CMC)

- Call Member Services
  - Medicare – 1-800-544-0088 (TTY: 711)
  - CMC – 1-855-905-3825 (TTY: 711)



✓ **Cigna** (Commercial)

- Call Cigna Customer Services: 1-800-997-1654
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✓ **Health Net** (Commercial, Medicare, CMC & Medi-Cal)

- Call Health Net Member Services 1-800-400-8987
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✓ **Humana** (Medicare) - co-pays waived

- MDLIVE Online & app - [www.MDLIVE.com/HumanaMedicare](http://www.MDLIVE.com/HumanaMedicare) or call 1-888-673-1992 (TTY: 711)
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✓ **LA Care** (Medi-Cal, CMC & Covered CA) - \$0 co-pay

- Teledoc Online & app - [www.lacare.org/teladoc/](http://www.lacare.org/teladoc/) or call 1-800-835-2362
  - Nurse Advice Line 1-800-249-3619
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✓ **SCAN** (Medicare)

- MDLIVE Online & app  
<https://members.mdlive.com/scanhealthplan> or call 1-888-993-4087 (TTY: 1-800-770-5531)
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✓ **United Healthcare** (Commercial & Medicare) – copays waived

- Virtual Visit on UnitedHealthcare Online & app -  
[www.uhc.com/individual-and-family/member-resources/health-care-tools/virtual-visits](http://www.uhc.com/individual-and-family/member-resources/health-care-tools/virtual-visits)
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✓ **WellCare** (Medicare) – co-pays waived

- MDLIVE - [www.MDLIVE.com/WellCare](http://www.MDLIVE.com/WellCare) or call 1-888-570-8304 (TTY: 1-800-770-5531)

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