

Welcome to **Case Management**



APPLECARE
MEDICAL GROUP
Part of OptumCare®

Case Management *for AppleCare Members*

Case Management is an important service for AppleCare members who need a little extra help managing their healthcare. Our Case Management team makes sure that you have all of the support you need to stay healthy and get the care you need!

Who we Are

Our Case Management team is made up of experienced Nurses and Case Management Assistants:

- Nurses – Registered Nurses (RN) or Licensed Vocational Nurses (LVN) with special training and experience in caring for seniors and members with multiple medical conditions.
- Case Management Assistants – Skilled members of the AppleCare team who can assist you with finding a specialist, making doctor's appointments, and other needs you may have.



What we Do

Your AppleCare Case Management team will work with you, your family and your doctors to develop the Care Plan that supports your medical and social needs.

Some of the services we provide include:

- Education on disease management and preventive care
- Education on how to take your medications
- Help making doctor's appointments
- Help getting community resources
- Advanced care planning

Who should Enroll for Case Management Services?

- Members with complex health care needs or multiple health care issues
- Members that have gone to the hospital or emergency room multiple times recently
- Children with complicated health care issues
- Potential transplant patients (bone marrow, heart, kidney, liver, lung)
- Members who would like extra support managing their health care

How to Enroll in Case Management

Call the AppleCare Case Management Department at:

1-714-452-5007

to enroll today

